

Gear

Our camping and hiking trips include all pro-quality gear, meals, and snacks required for your adventure. This includes tents, sleeping bags, camp pillows, sleeping pads, cooking supplies, trekking poles, and daypacks and/or backpacks.

We are happy to accommodate food allergies and most dietary restrictions. Please include your preferences in your Registration Form so that we can prepare accordingly.

You are responsible for bringing the following items for your trek. This list includes what you will be wearing the first day of the trip. Consider bringing a change of clothes to leave in our vehicle should you wish to change at the end of your trek.

- Soft sided duffel (no wheels) – About big enough to hold the contents of a standard size plastic grocery bag (no bigger than 24"x12"x12")
- 3 liters of initial water in bladder set (bladder-up to 2 liters max, hose, mouthpiece) or some type of smaller water bottles
- Sunglasses
- Wide-brimmed hat
- Lightweight, quick-dry towel
- Compact toiletry/personal items kit/baby wipes
- Personal medical supplies (OTC and prescription meds, supplements, etc.)
- Hiking shoes or boots (be sure to break-in before trip)
- Sports sandals or water shoes
- 3 pair synthetic or synthetic-wool blend socks
- 1-2 pair of hiking shorts and/or long pants that zip off to shorts

- 3 changes of underwear (recommend non-cotton, breathable, quick-dry)
- 1-2 short-sleeved shirts (breathable, wicking recommended)
- Sleepwear
- Small flashlight or headlamp
- Rain poncho and/or other rain gear (jacket with hood, nylon shell, rain pants, etc.)
- Back up pair of glasses or contacts
- Camera and film
- Cash for souvenirs and personal expenses
- Cash for guide gratuity (or consider using our Bravo tipping app – suggested gratuity is industry average, 5-15% of total trek cost)
- At least 1-2 zip lock or “dry” bags of appropriate size for what you want to keep dry when in water/rain
- Paperback book and/or journal if desired
- Sunscreen

If traveling in cooler months, add:

- Fleece jacket
- Gloves
- Wool hat
- Long underwear layers
- Long sleeved shirt
- Clothes to layer

Bring all your above items in your soft sided duffel. We will transfer your belongings into a backpack we supply. You carry the backpack, camping gear and a share of the food so your pack will weigh approximately 35-37 pounds. Bring only essentials!

If you would like to purchase your own gear before or after your trek, we recommend:

[Peace Surplus](#)
 14 W. Route 66
 Flagstaff, AZ 86001
 (928) 779-4521